



## **Juvederm Pre-Treatment Information**

Juvederm injectable gel is an FDA approved dermal filler that is proven to be safe and effective. This injectable gel is made of hyaluronic acid, a naturally occurring substance in your skin that helps to add volume and hydration. This filler is used for the correction of moderate to severe facial wrinkles and folds. All medical and cosmetic procedures carry risks and can cause complications. Individual results may vary.

### **Here are some important things to know prior to having your treatment:**

- You may experience swelling, tenderness, itching, pain or bruising at the injection site and in rare occasions, pustules might form. These reactions usually only last for a few days, however, they might last for as long as two weeks. Juvederm should not be used if you have experienced hypersensitivity to it in the past, if you have severe allergies including allergies to Gram-positive bacterial proteins, as well as at any site of active inflammation or infections (e.g., cysts, pimples, rashes or hives).
- As with any injection, this procedure carries the risk of infection.
- Some visible lumps may occur temporarily following the treatment.
- Some injection related reactions include: initial swelling, pain, itching, bruising or tenderness at the injection site. You could experience increased bruising or bleeding at the injection site if you are taking aspirin or other non-steroidal anti-inflammatory drugs such as ibuprofen. These reactions generally lessen or disappear within a few days but may last for a week or longer.
- If you are considering laser treatment, chemical skin peeling or any other procedure based on a skin response after Juvederm treatment, or you have recently had such treatments and the skin has not healed completely, there is a possible risk of an inflammatory reaction at the injection site.
- After treatment, within the first 24 hours you should avoid strenuous exercise, extensive sun or heat exposure and alcoholic beverages. Exposure to any of these may cause temporary redness, swelling, and/or itching at the injection sites. If there is swelling, you may need to place an ice pack over the swollen area.
- Most patients are pleased with the results of Juvederm. However, like any cosmetic procedure, there is no guarantee that wrinkles and folds disappear completely, or that you will not require additional treatments to achieve the results you seek. While the effects of Juvederm last longer than other comparable treatments, the procedure is still temporary. Additional Juvederm injections will be required periodically, generally within 6-12 months to maintain optimal results.

**Please call should you have any questions prior to your appointment.**



### ***Juvederm Post-Treatment Instructions***

- You may experience swelling, tenderness, itching, pain or bruising at the injection site and in rare occasions, pustules might form. These reactions usually last only a few days, however, they might last for as long as two weeks and, in appropriate cases, may need to be treated with oral short term corticosteroids or other therapy.
- Some visible lumps may occur temporarily following the treatment.
- You could experience increased bruising or bleeding at the injection site if you are taking aspirin or other non-steroidal anti-inflammatory drugs such as ibuprofen. These reactions generally lessen or disappear within a few days but may last for a week or longer. Unless prescribed by your doctor, it is recommended you avoid these medications for several days after your treatment.
- If you are considering laser treatment, chemical skin peeling or any other procedure based on a skin response after Juvederm treatment, or you have recently had such treatments and the skin has not healed completely, there is a possible risk of an inflammatory reaction at the injection site.
- After treatment, within the first 24 hours you should avoid strenuous exercise, extensive sun or heat exposure and alcoholic beverages. Exposure to any of these may cause temporary redness, swelling, and/or itching at the injection sites. If there is swelling, you may need to place an ice pack over the swollen area.
- Light make-up (preferably mineral make-up) and your normal skin care products can be applied and, the treated area can be gently washed with soap and water.
- Most patients are pleased with the results of Juvederm. However, like any cosmetic procedure, there is no guarantee that wrinkles and folds disappear completely, or that you will not require additional treatments to achieve the results you seek. While the effects of Juvederm last longer than other comparable treatments, the procedure is still temporary. Additional Juvederm injections will be required periodically, generally within 6-12 months to maintain optimal results.

**Please do not hesitate to contact us with questions or concerns.**